



## Relocation Resource

Hospital Overview

Getting Acclimated

Housing & Schools

Restaurants & Groceries

Activities and more!!



Central Peninsula Hospital 250 Hospital Place, Soldotna, AK 99669

# Central Peninsula's Family of Clinics & Locations In Soldotna

## Heritage Place

232 W. Rockwell Ave., Soldotna, AK 99669 • 907-714-500

## Central Peninsula Surgical Associates

240 Hospital Place, Suite 305, Soldotna, AK 99669  
907-714-4130

## Central Peninsula Neurology

240 Hospital Pl., Ste 105 Soldotna, AK 99669 • 907-714-4090

Central Peninsula

## Family Practice & Pediatrics - SOLDOTNA

245 Binkley St., Suite 101, Soldotna, AK 99669 • 907-714-4111

## Central Peninsula Behavioral Health

245 N. Binkley, Suite 202 • Soldotna, AK 99669 • 907-714-4520

## Central Peninsula Internal Medicine

247 N. Fireweed - Soldotna, AK 99669 • 907-714-5730

## Central Peninsula Diabetes Center

209 W. Katmai Ave., Soldotna, AK 99669 • 907-714-4726

## Central Peninsula Rehabilitation Services

(4-Soldotna, 1-Kenai)

- 250 Hospital Place – Soldotna • 907-714-4725
- 245 N. Binkley Street – Soldotna • 907-714-4534
- 221 W. Marydale Drive • 907-714-4145
- 232 W. Rockwell – At Heritage Place – Soldotna  
907-714-5076

## Central Peninsula Bone & Joint Center

240 Hospital Place, Suite 204B, Soldotna, AK 99669  
907-714-4120

# In Kenai

## Central Peninsula Kenai Health Center

630 Barnacle Way, Kenai, AK 99611 • 907-714-4495

## Central Peninsula Rehabilitation Services

(4-Soldotna, 1-Kenai)

260 Caviar Street – Kenai, AK 99611 • 907-714-4536

## Central Peninsula Foot & Ankle Specialist

240 Hospital Place, Suite 103 Soldotna, AK 99669  
907-714-5312

## Central Peninsula Urology

240 Hospital Place, Suite 303 Soldotna, AK 99669  
907-714-5325

## Central Peninsula Oncology

240 Hospital Place, Suite 301, Soldotna, AK 99669  
907-714-4490

## Central Peninsula Women's Health

108 E Corral Ave., Soldotna, AK 99669 • 907-714-5300

## Central Peninsula Mental Wellness

291 N. Fireweed St., Soldotna, AK 99669 • 907-714-5950

## Central Peninsula Gastroenterology

240 Hospital Place, Suite 103B, Soldotna, AK 99669  
907-714-6120

## Central Peninsula Kenai Spine

240 Hospital Place, Suite 104, Soldotna, AK 99669  
907-714-5770

## Central Peninsula Sleep Center

262 N. Binkley St., Soldotna, AK 99669 • 907-714-4439

## Central Peninsula Pulmonology

240 Hospital Place Suite 301, Soldotna, AK 99669 907-714-4490

For corrections, edits and to make this publication a better resource for our new staff,  
please contact Teresa Vick at [tvick@cpgh.org](mailto:tvick@cpgh.org) or (907) 714-4665

## Central Peninsula Family Practice - KENAI

506 Lake Steet, Kenai, AK 99611

## Central Peninsula Surgery Center

100 Trading Bay Rd, Kenai, AK 99611 • 907-714-5755

## Central Peninsula Urgent Care

10128 Kenai Spur Hwy Kenai, AK 99611 • 907-714-5740



# Welcome

Welcome to Central Peninsula Hospital, and welcome to your new home on the beautiful central Kenai Peninsula. We're delighted that you've chosen to join our team and contribute your talents to the health and wellbeing of our community.

As you settle into your new role, I hope you also take time to discover the many things that make Soldotna, Kenai, and our surrounding communities so special. From local businesses and family friendly events to world class outdoor recreation, there is an incredible amount to explore and enjoy here.

At CPH, we take pride not only in the care we provide, but in the supportive and collaborative environment we create for one another. You are now part of a dedicated team committed to compassion, excellence, and service—and we're grateful to have you with us.

Welcome aboard. We're excited to see the difference you'll make.

Warmly,



*Angela M. Hinnegan*  
**Angela M. Hinnegan**  
Chief Executive Officer  
Central Peninsula Hospital

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A scenic landscape photograph of a mountain valley. In the foreground, there are dark, rocky slopes with sparse green vegetation. A wide, light-colored riverbed flows through the middle ground, surrounded by a dense forest of tall, thin trees. In the background, large mountains rise under a blue sky with scattered white clouds. The overall scene is bright and natural.

# *the* CPH *way*

compassionate | personalized | healthcare



# Central Peninsula Hospital

**Campus** 250 Hospital Place Soldotna, AK 99669

## Departments/Services

Accounting.....	907-714-4627	Marketing/Public Relations .....	907-714-4600
Administration .....	907-714-4721	Oncology/Infusion .....	907-714-4490
Behavioral Health .....	907-714-4520	Patient Advocate .....	907-714-4779
Business Office .....	907-714-4404	Pharmacy.....	907-714-4796
Emergency .....	907-714-4444	Physician Services.....	907-714-4540
Employee Health.....	907-714-4007	Quality .....	907-714-4848
Environmental Services .....	907-714-4883	Security .....	907-714-4738
Health Foundation .....	907-714-4626	Serenity House Treatment Center .....	907-714-4521
Heritage Place.....	907-714-5000	Sleep Center .....	907-714-4439
Imaging .....	907-714-4580	Spiritual Care.....	907-714-4610
Laboratory.....	907-714-4418	Volunteers .....	907-714-4543
Maintenance Support Services .....	907-714-4751	Wound Care .....	907-714-4874

**Human Resources, Recruiter:** Office: (907) 714-4785, Fax: (907) 262-9128

For a complete listing of services and physician directory, go to [www.cpgh.org](http://www.cpgh.org).

# Get To Know Us



Photo by Martin Media

## Welcome To Soldotna

Source: <https://visitsoldotna.com/visit/about-soldotna/>

Pronounced *soul-DAHT-nah*, Soldotna is the central hub of the Kenai Peninsula, located just 150 scenic highway miles south of Anchorage via the Seward and Sterling Highways, rated by National Geographic as one of 50 ultimate road trips. Soldotna is a thriving, full-service community, and the fastest growing city on the Kenai Peninsula with a population of just more than 4,649 residents. While visitors and residents alike can testify to Soldotna's unique Alaskan charms, Soldotna's biggest claim to fame is the fact that the world renowned Kenai River flows through the middle of town.

**Soldotna is the most fish-crazy place in Alaska during the summer.**

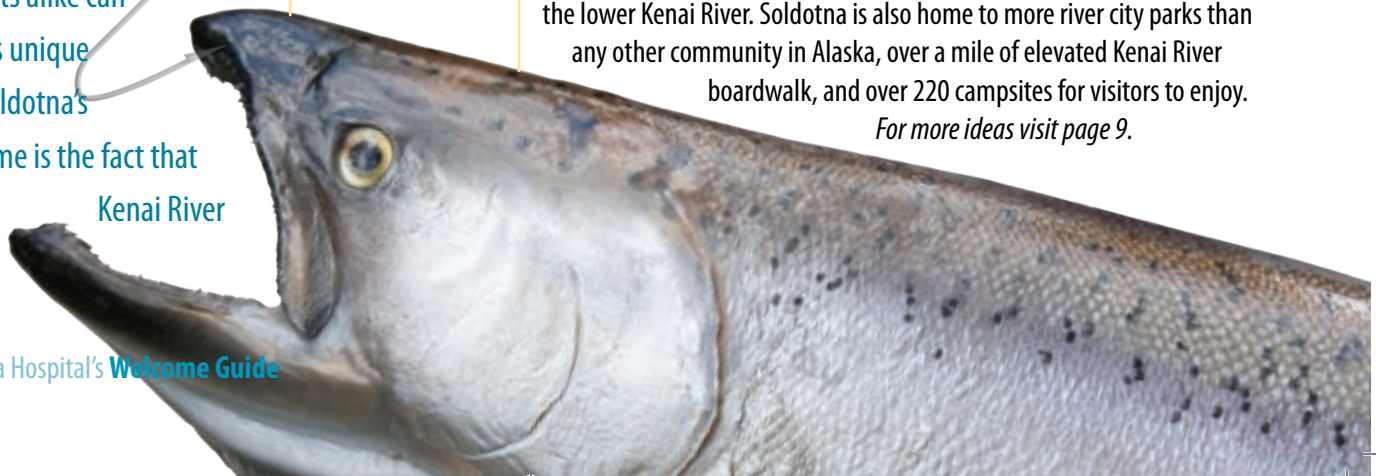
## Every Day Living

Soldotna when paired with Kenai, it's twin community 10 miles away, make up the core communities of the Central Kenai Peninsula. Along with being known as the Alaska's playground with abundant wildlife, fishing and recreation, we also boast a diverse business community with wide selection of grocery shopping, dining and nightlife venues and activities. The Kenai Municipal Airport has daily flights to the Ted Stevens International Airport in Anchorage for all your travel needs.

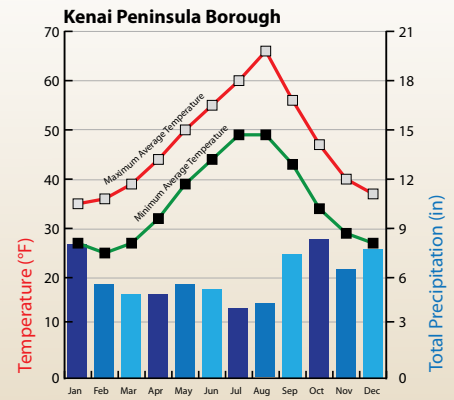
## Recreation

Soldotna is the most fish-crazy place in Alaska during the summer, and well set up for the wave of anglers who flock here from mid-May through September for the runs of red, silver and especially the king salmon in the lower Kenai River. Soldotna is also home to more river city parks than any other community in Alaska, over a mile of elevated Kenai River boardwalk, and over 220 campsites for visitors to enjoy.

*For more ideas visit page 9.*



# Getting Acclimated



## Driving in Alaskan Weather

Some essential things to have in your car

### Summer

Your car should have some essential items that are key to life in Alaska. These are in addition to the standard list of things to always have in your car:

- Mosquito Spray (*spray on yourself*)
- Bear Spray (*spray on the bear*)
- Mosquito Net head covering
- Fishing Rod (*have your fishing license on you at all times*)
- Rain Gear - Shell and Rain Pants
- Space blanket
- Rope/Paracord
- Utility Tool

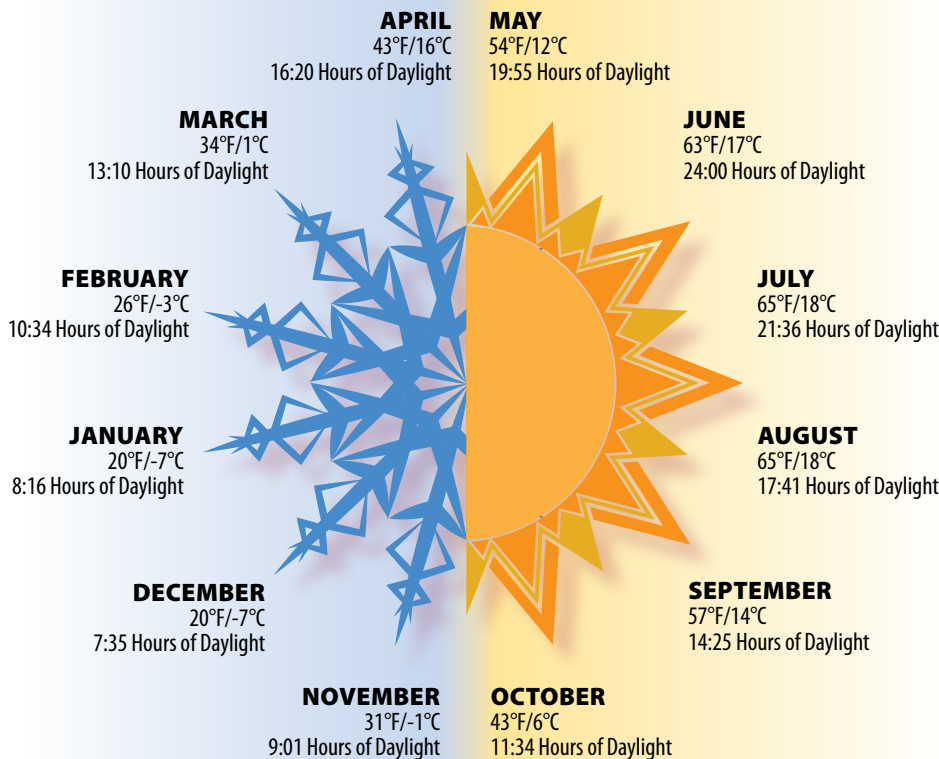
### Winter

Winter requires that you plan your trip even if it is just to the grocery store down the street. Bad roads, avalanches or even moose encounters can make a short trip last for hours. Here are some things to add to your car kit

- Snow Scraper with brush
- Extra clothing and blanket
- Tire Chains \*
- Collapsible shovel and container of sand
- Winter boots in the car
- A few nutrition bars

\* Chains are not recommended for every vehicle, so you'll need to read your owners manual about whether you can use them.

Consider an **engine block heater** for your car. You should plug it in at night when temperatures drop below 20°F.



### Winter Tips From Staff

How to deal with the shortened days of winter.

- Taking vitamin D in winter can help.
- Using a full-spectrum light in the morning will start your day off on the bright disposition for your shift at the hospital.

### Summer Tips From Staff

You might find the long 20+ hours of daylight a little tough to get used to as well.

- Tape tin foil over your bedroom windows to keep it dark enough to get a good night's sleep.
- Invest in some blackout curtains or blinds
- Stick to a sleep schedule as the days grow longer. It will help you get adjusted quicker.



# Traveling AK

**Electric Vehicle Charging Locations:** [Click here for a map of charging stations in south central Alaska.](#)

## Car Rentals

Source: [www.alaska.org/advice/alaska-car-rentals](http://www.alaska.org/advice/alaska-car-rentals)

Renting a car gives you the freedom to go wherever Alaska's road system (*aside from a few unpaved roads*) will take you, while traveling at your own pace. You'll find plenty of good car-rental companies at the Kenai Municipal Airport for when you first get here. While rates vary with season, duration, and car category, here's some information that will help you make your rental decision:

### Standard Rental-Car Policies

- Rates do not include Alaska tax and licensing fees
- Most one-way drop-offs require steep fees—anywhere from \$100 to \$500!
- Rental cars aren't usually allowed on unpaved gravel roads, such as the end of the Funny River in Soldotna, Fritz Creek Road in Homer, and countless small gravel roads crisscrossing the peninsula.

- If you want to travel way north to the Arctic Circle, the Brooks Range, or other spots along the Dalton Highway north of Fairbanks can rent an SUV in Fairbanks.

### Car Rentals

#### Avis

907.283.7900

#### Budget

907.283.4506

#### Turo

[www.turo.com](http://www.turo.com)

### Ride Sharing

#### Uber/Kenai

Lyft/Soldotna, Kenai

### Taxi Cabs

#### Alaska Cab

907.283.6000

907.262.1555

#### Hairy's Cab

907.252.0251

#### TNT Taxi

907.953.9070

## Flying

### Kenai Municipal Airport

There is only one *commercial airport* accessing the central part of the Kenai Peninsula. Located in the city of Kenai, you can plan easy travel on regular commuter flights to Anchorage connecting you to many options for travel to the lower 48, Europe and Asia.

### Flights & Airline Contacts

#### Aleutian Airways

907.600.7090

#### Grant Aviation

888.359.4726

907.283.6012

### Flight Seeing/Air Taxi

There are a large number of flight seeing services and air taxi services to give you a birds eye view of the wild Alaska or get you to that remote camping/hunting site.

### Private Pilots

There are a number of private pilots that live on the peninsula and you'll see a float plane (sea plane) on most reasonably sized lakes and wheeled planes on small airstrips peppered through out the Kenai.

Source: [www.alaska.org/advice/everything-you-need-to-know-about-car-camping-in-alaska](http://www.alaska.org/advice/everything-you-need-to-know-about-car-camping-in-alaska)

## Car Camping

*First, you need a vehicle*

What you drive in town will work for most destinations on or near Alaska's main roads during summer camping season. If renting, consider a small SUV or wagon with flexible storage in the back and roof rails or luggage rack on top. All wheel drive is generally not necessary during Alaska's summer season because most main highways and access roads are paved or in decent shape.

Note that some roads are considered off limits by many car rental agencies. If you hope to explore one of Alaska's major gravel highways into the backcountry—like the Denali Highway through the Alaska Range or the Dalton Highway to the North Slope—you must rent a vehicle specifically cleared for the route.

### Assemble Your Gear

Put together a camping outfit that's easy to set up in all weather and then convenient to stow when it's time to move on. Since you will be camping close to the car, you don't need to carry high-tech backcountry gear. You can also get away with heavier fabrics and materials, which will be less expensive.

- Sleeping bag rated between 20F to 30F
- Sleeping pad or air mattress
- Nesting camp pot set and skillet or wok
- Utensils
- Adventure gear (*camera, binoculars, fishing gear, hiking poles and the like*)
- Clothing and personal items.
- Freestanding tent with rainfly, stakes and tie-down cords. (Your regular car camping tent will work fine during Alaska summer season.)
- Propane camp stove that uses 1 lb bottles.
- At least one polyethylene tarp (a "blue" tarp with grommets) at least 8' by 12'

- At least two bungee cords
- 100 feet of inexpensive utility rope
- Five gallon plastic water jug (under \$20)
- Indoor-outdoor carpet runner or square
- At least two 1 lb propane canisters (three to five meals per canister)
- Folding camp chairs (under \$10 each)
- Cheap "Styrofoam" cooler for keeping food cold
- Two 14-gallon stackable storage tubs (for washing dishes, storing kitchen items and food storage)
- 1 canister of bear pepper spray (if you decide to go hiking)
- Spray canister of bug dope (with Deet as active ingredient)
- Matches and/or lighter
- Mosquito coils
- Groceries and ice

You may be able to pick up some of this gear in Alaska, such as **bear proof food containers**. It may be required in some outdoor areas.

# Community Events & Information



## Community Websites

**Soldotna Chamber of Commerce & Visitor Center**  
<https://visitsoldotna.com/>

**Kenai Chamber of Commerce & Visitor Center**  
[www.kenaichamber.org](http://www.kenaichamber.org)

**Homer Chamber of Commerce & Visitor Center**  
<https://www.homer.alaska.org>

**Seward Chamber of Commerce and CVB**  
<https://www.seward.com>

## News Sources

*Kenai Peninsula-wide Newspaper*

**The Peninsula Clarion**  
<https://www.peninsulaclarion.com/>

*Kenai Peninsula Community News*

**The Homer News**  
<https://www.homernews.com/>

**Seward Journal**  
<https://www.sewardjournal.com/>

*Statewide Daily Newspaper*

**The Anchorage Daily News**  
<https://www.adn.com/>

## Libraries

**Kenai City Library**  
[www.kenai.city/library](http://www.kenai.city/library)

**Soldotna City Library**  
[www.soldotna.org/departments/library](http://www.soldotna.org/departments/library)

**There are a number of events that happen throughout the year on the Kenai Peninsula.**

To keep yourself up to date on what is happening around the Peninsula, we recommend visiting the wide variety of websites that will give you the latest info on what is happening. In addition you can always use the local newspapers and news websites as resources to find out what is going on across south central Alaska.

**TIP:** Let your colleagues know what you're interested in, most likely they'll be able to give you some good advice, or tell you who to speak to to get the right information. The peninsula might be large in area, but when it comes down to it, we are really just a small town.

**From music festivals, running races, birding festivals to community wide celebrations, we've got it all here on the Peninsula.**

## Hiking for Beginners: 10 Essential Tips

by Erika Wiggins

Source: <https://blog.liftopia.com/10-essential-hiking-tips-beginner-hike/>

### 1. Start small and choose the right trail for your fitness level.

Select a hike a little shorter than the distance you can normally walk on a level or paved surface.

### 2. Familiarize yourself with the trail.

Once you have selected a trail, obtain a map of the area and review reports and data.

### 3. Check the weather.

Leading up to your hike, and again a few hours before, check the weather.

### 4. Tell someone where you will be.

It's important that someone not on the hike knows the itinerary and what time to worry and call for help.

### 5. Pack the 10 essentials.

The 10 essentials have gradually shifted from a list of items to a list of systems.

#### Ten Essential Systems

- Navigation (map & compass)
- Sun protection (sunglasses & sunscreen)
- Insulation (extra clothing)
- Illumination (headlamp/flashlight)
- First-aid supplies
- Fire (waterproof matches/lighter/candle)
- Repair kit and tools
- Nutrition (extra food)
- Hydration (extra water)
- Emergency shelter (tent/plastic tube tent/garbage bag)

### 6. Wear the right shoes and socks.

Painful feet can ruin a hike. Invest in quality hiking shoes and socks.

### 7. Dress for success.

Once your feet are taken care of, dressing right is key to comfort on your hike.

### 8. Keep it light.

This means opting for the lightest of each item.

### 9. Pace yourself.

When you first get on the trail, you may feel like powering forward like a hero. However, you'll be a zero by the end of the day if you don't pace yourself.

### 10. Leave no trace.

The beautiful trails we love will only stay beautiful if we care for them.

# Local Hiking Trails

Source: <https://visitsoldotna.com/local-hiking-trails/>

## Get out and see the country

There's a variety of trail types in and near the greater Soldotna area that offer access to the beauty of the Kenai Peninsula; nature, hiking, and recreational trails are all available. Runners, walkers, climbers, mountain bikers, cyclists, and walkers of all levels are certain to find a favorite trail. On all of these trails, though, one must be aware of the chance of wildlife encounters. For more serious climbers, books and maps are available for purchase or reference at the Soldotna Visitor Center. Nobody should hike unprepared. Dress in layers; bring your camera, binoculars, bear spray, insect repellent, and GPS, just in case. Water is NOT available along most trails and sturdy, hiking boots are recommended for higher evaluations.

Day Hikes	Length (one way)	Time (round trip)	Elevation	Trailhead
<b>EASY TO MODERATE</b>				
Hidden Creek	1.3 miles	2 hours	300 feet	Skikak Lake Rd, M 5.4
Lower Kenai River	2.3 miles	2-4 hours	250 feet	Skikak Lake Rd, M 3.0
Upper Kenai River	2.8 miles	3-5 hours	260 feet	Skikak Lake Rd, M 2.2
Burney's Trail	0.6 miles	1 hour	200 feet	Hidden Lake Campground
Russian Falls Trail	2.6 miles	3-4 hours	400 feet	Darling Hwy, M 52 Russian River Campground
Unity Trail (recreational trail)	10 miles	varies	111 feet	Soldotna Visitor Center Parking Lot
Keen-Eye & Centennial Trails (nature trail)	3 mile loop	2 hours	Varies	Sk Hill Rd, to Kenai National Wildlife Refuge Visitor Center
Tsai'tshi Trails (recreational trail)	0.5-8 miles	Varies	Varies	Darling Hwy, M 98 Skyview High School
<b>MODERATE</b>				
Bear Mountain	0.8 miles	2 hours	400 feet	Skikak Lake Road, M 6.9
Hideout	.75 miles	2 hours	850 feet	Skikak Road, M 1.9
Skikak Lookout	2.0 miles	3-4 hours	700 feet	Skikak Lake Road, M 6.3
<b>STRENUOUS</b>				
Fuller Lakes	2.9 miles	4-6 hours	1,400 feet	Darling Hwy, M 56.9
<b>VERY STRENUOUS</b>				
Skyline	1.0 miles	3-5 hours	1,800 feet	Darling Hwy, M 61.6



# Wildlife Viewing & Safety



Here are some tips about living on the Peninsula, that apply in the wild and in town. You never know when you'll have an encounter. We want to see you at work as a coworker, not a patient.

Source: Alaska Geographic, Kenai National Wildlife Refuge, Visitor Guide

## Where to Look

### Alpine Tundra:

In the mountains above treeline, low growing plants provide food for Dall sheep, caribou, and marmots. Golden eagles hunt small mammals from the air. Brown bears feast on berries in late summer.

### Boreal Forest:

Spruce and hardwoods such as birch, aspen, and cottonwood are home to songbirds, spruce grouse, red squirrels, owls, lynx, moose, and black bear.







### Wetland:

Bogs, marshes, and muskeg are nesting areas for migratory waterfowl and shorebirds. Caribou and moose eat dwarf birch and willows. Bears can be seen in these areas hunting for moose calves in spring.

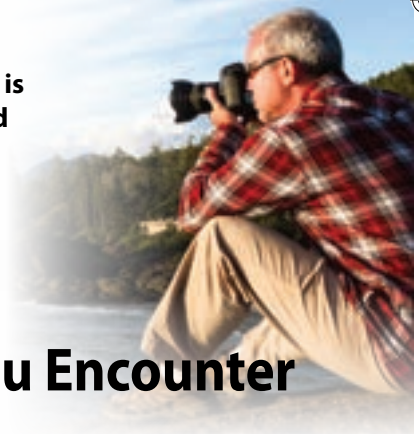
### Aquatic:

Areas around rivers, lakes, and ponds are home to beaver, muskrat, loons, trumpeter swans, and spawning salmon. Trout and salmon attract bald eagles, bears, and river otters.

## Traveling in Bear Country





-  Consider carrying accessible bear spray and be prepared to use it.
-  Black and brown bears are found throughout the refuge. Be alert and use your senses to evaluate fresh bear sign such as tracks, scat, claw marks, and strong scents.
-  Make noise to avoid surprising a bear. Be especially careful along noisy streams, in thick brush, and where visibility is poor.
-  If you see a bear—stay calm. If the bear does not notice you, quietly leave the area from the same direction you arrived. Keep your eyes on the bear.
-  If a bear does notice you, prepare your deterrent, face the bear, wave your arms, and talk to it calmly. Try to appear larger by standing close to your group.
-  If a bear approaches you, stand still. Do not run!
-  If a bear attacks, fall to the ground and play dead. Lie flat on your stomach, with your hands behind your head. *Keep your pack on.*

**Remember it is illegal to feed wildlife.**



## When You Encounter A Moose



-  **Move away!** Maintain a space of 75 feet or more between yourself and a moose.
-  **Watch for body language.** If the moose lowers its head and ears, and the hair on its back and neck stands up, back off.
-  **If a moose charges, retreat behind a large tree or rock.** Most moose charges are bluffs and getting behind something solid offers important protection from their sharp, powerful hooves.
-  Remember, keeping your distance from moose is the best way to avoid a negative encounter.

# Fishin' Alaska

Source: Excerpt: <http://www.adfg.alaska.gov/index.cfm?adfg=fishingSport.main>

Alaska is a world-renowned sport fishing destination. In fact, in this land of 3,000 rivers, 3 million lakes and 6,640 miles of coastline, a sport angler's greatest challenge can just be deciding where to go. Adding to this challenge is the reality that Alaska is enormous; fishing it all would require one to cast across a million acres of streams, lakes and water-lapped shorelines every day for a full year. Think of it as the old anglers' quandary – so many fish, so little time.

## Fishing & Hunting License Info <https://www.adfg.alaska.gov/index.cfm?adfg=license.general>

In Alaska, a license is required in order to participate in hunting/trapping/fishing, personal use fishing, commercial fishing, and sport fish or hunt guiding. Several different licenses are available for residents, non-residents, members of the military, residents who are disabled veterans, and resident seniors who are 60 years or older. Most licenses, as well as king salmon and Alaska duck stamps can be obtained online.

### How long is my license valid?

Licenses are valid from the date of purchase through December 31st of each calendar year. The exceptions are trapping licenses and short-term non-resident fishing licenses. Trapping licenses are valid from the start date through September 30th of the following year. Short-term non-resident fishing licenses are valid for only 1, 3, 7, or 14 days.

### Age Requirements

Residents under the age of 18 do not need a hunting, sport fishing, or trapping license, unless they are proxying or guiding. Non-residents under the age of 16 do not need a sport fishing license, but they do need to purchase a hunting and/or trapping license.

## Fish Waste Disposal

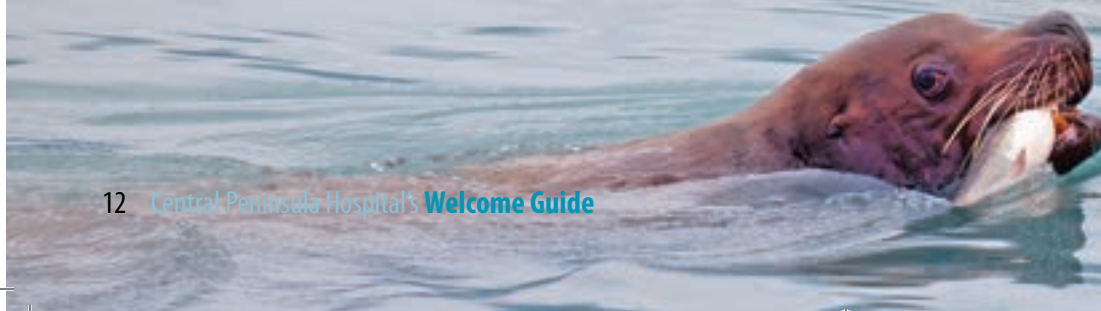
Improper disposal of fish waste poses a potential risk to the environment and public health and safety. It is important to understand the best management practices for disposing fish waste to reduce nuisances and animal attraction. Disposing of fish waste on public or private land is illegal and can result in fines. The Alaska Department of Fish and Game recommends that you clean fish riverside or in port, chop fish carcasses into numerous pieces, and throw them into deep or fast-moving water or use a provided fish grinder. Anglers who remove fish from the fishing site and fillet or process them must dispose of fish waste in a safe manner. Fish waste should be taken directly to a permitted landfill that will accept it.

- The Central Peninsula Landfill in Soldotna accepts fish waste free of charge during the fishing season.

## Hang out with the locals



When sport fishing for a species with an annual limit, resident and non-resident anglers of all ages are required to record their harvest on a Sport Fishing Harvest Record Card. The harvest record card is available online, at some license vendors, or at Fish and Game offices. Species with an annual limit are listed in the "general regulations" section in area sport fish regulations summary books.



# Finding Home

There are numerous towns and neighborhoods surrounding Central Peninsula Hospital. Each community has its own uniqueness, however, they each offer diverse economies, moderate Alaskan climate, and great quality of life. Since moving to a new state is a big decision, we've provided a little information on communities closest to the hospital.

## The Twin Cities

### Soldotna

Home to Central Peninsula Hospital

Soldotna is the fastest growing city on the Kenai Peninsula with a population of 4,649. The city offers residents a sparse suburban feel with many young professionals, families and retirees living in Soldotna. There are many single-family and multi-tenant housing opportunities throughout the community.

Despite its size, Soldotna is home to multiple grocery stores and many of the conveniences most often associated with larger cities.

The public schools in Soldotna are above average and it has many public schools, charter and alternative schools.

Soldotna has over 450 acres of parks and over 50 miles of trails, bike lanes, riverfront boardwalks, plus wonderful bank and boat fishing. Many activities take place over the course of each year to keep life interesting.

### Kenai

11 miles from Soldotna | Commute of 17 minutes.

Kenai has a population of 7,742 and offers residents a sparse suburban feel. There are many single-family and multi-tenant housing opportunities throughout the community.

The public schools in Kenai are above average with 3 traditional public schools, 1 alternative high schools, 2 charter schools, and a variety of private and Montessori schools.

Kenai is home to multiple grocery stores and the conveniences most often associated with larger cities.

With the scenery surrounding Kenai, residents of Kenai enjoy mountain views, short drives to the beach along Cook Inlet, and access to a variety of city parks. Excellent fishing opportunities on the Kenai River or by charter in the inlet.

## Bedroom Communities

### Sterling

12 miles from Soldotna | Commute of 14 minutes.

Sterling is an active community with a population of 5,169. Living in Sterling offers residents a rural feel and most residents own their homes.

The public schools in Sterling are above average with one elementary school in Sterling and other traditional public, alternative and charter schools available in Soldotna and Kenai.

In and around Sterling, campgrounds, state access sites and trails are plentiful. And it is the gateway to the Swanson River and Swan Lake Canoe routes, which are popular destinations year round.

### Nikiski

25 miles from Soldotna | Commute of 35 minutes.

Nikiski is about ten miles north of Kenai, with a population of 4,316. Living in Nikiski offers residents a suburban rural mix feel and most residents own their homes.

Nikiski supports numerous oil and gas companies with onshore production facilities and offshore drilling platforms in Cook Inlet.

The public schools in Nikiski are above average with one elementary school, a middle/senior high school and other alternative and charter schools available in Kenai and Soldotna.

The Swanson River empties into the Cook Inlet in the area, attracting the attention of outdoor and fishing enthusiasts.

### Rentals

*On occasion community members will contact CPH Human Resources regarding available short term housing. For a current list of rentals, contact CPH HR at (907) 714-4785.*

### Rental Management or Realtors

<https://www.realtor.com/Soldotna> (or Kenai)



# KPBSD Schools

148 North Binkley Street, Soldotna, Alaska 99669  
 907.714.8888 | fax: 907.262.9645 | [kpbsd.k12.ak.us](http://kpbsd.k12.ak.us) | Facebook: KPBSD | Twitter: @KPBSD  
 LinkedIn: Kenai Peninsula Borough School District

## Central Peninsula Schools

School & Location	Grades	Contact Information
<b>Aurora Borealis Charter</b> 705 Frontage Rd, Suite A Kenai, AK 99611	K-08 Charter	<a href="https://kpbsd.org/schools/aurora-borealis/">https://kpbsd.org/schools/aurora-borealis/</a> Phone: (907)283-0292 Fax: (907) 283-0293
<b>Connections Program</b> 143 E. Park Ave. Soldotna, AK 99669	K-12	<a href="https://chkpen.org/">https://chkpen.org/</a> Phone: (907)714-8880 Fax: (907) 262-2859
<b>K-Beach Elementary School</b> 1049 E. Poppy Lane Soldotna, AK 99669	K-06 Elementary	<a href="https://kpbsd.org/schools/k-beach/">https://kpbsd.org/schools/k-beach/</a> Phone: (907)260-1300 Fax: (907) 262-4096
<b>Kachemak Selo School</b> 44032 Milton Rd. #B11 Kachemak, AK 99603	K-12	<a href="https://kpbsd.org/schools/kachemak-selo/">https://kpbsd.org/schools/kachemak-selo/</a> Phone: (907)235-5552 Fax: (907) 235-5644
<b>Kaleidoscope Charter School</b> 549 North Forest Drive Kenai, AK 99611	K-05 Elementary Charter	<a href="https://kaleidoscope.blogs.kpbsd.k12.ak.us/">https://kaleidoscope.blogs.kpbsd.k12.ak.us/</a> Phone: (907)283-0804 Fax: (907) 283-3786
<b>Kenai Alternative School</b> 705 Frontage Rd., Suite C Kenai, AK 99611	PK, 09-12 Charter	<a href="https://kpbsd.org/schools/kenai-alt/">https://kpbsd.org/schools/kenai-alt/</a> Phone: (907)335-2870 Fax: (907) 283-6463
<b>Kenai Central High School</b> 9583 Kenai Spur Hwy. Kenai, AK 99611	09-12 High School	<a href="https://kpbsd.org/schools/kenai-central/">https://kpbsd.org/schools/kenai-central/</a> Phone: (907)283-2100 Fax: (907) 283-3230
<b>Kenai Middle School</b> 201 Tinker Lane Kenai, AK 99611	06-08 Middle School	<a href="https://kpbsd.org/schools/kenai-middle/">https://kpbsd.org/schools/kenai-middle/</a> Phone: (907)283-1700 Fax: (907) 283-3180
<b>Marathon School</b> 405 Marathon Rd. Kenai, AK 99611	07-12 Middle & High School	<a href="https://dhss.alaska.gov/djj/Pages/Facilities/KPYF.aspx">https://dhss.alaska.gov/djj/Pages/Facilities/KPYF.aspx</a> Phone: (907)335-3343 Fax: (907) 335-3342
<b>Mountain View Elementary</b> 315 Swires Rd. Kenai, AK 99611	PK-05 Elementary	<a href="https://kpbsd.org/schools/mountain-view/">https://kpbsd.org/schools/mountain-view/</a> Phone: (907)283-8600 Fax: (907) 283-9340



### Mission Statement

The mission of the Kenai Peninsula Borough School District is to empower all learners to positively shape their futures.

### Vision Statement

KPBSD will inspire all learners to pursue their dreams in a rigorous, relevant and responsive environment.



# Directories

## KPBSD Guiding Principles

Every KPBSD student will graduate prepared for their future. A strong, positive relationship with all students is the foundation of a quality education in KPBSD. A KPBSD diploma guarantees a student is ready for life, college, and career.

### • 1) Ready for:

**Life:** KPBSD students will demonstrate life readiness skills by possessing resiliency, grit, and perseverance to achieve their goals with a growth mindset that empowers them to approach their future with confidence.

• **College:** KPBSD students will demonstrate college readiness by meeting rigorous academic indicators and/or post-secondary assessment scores.

• **Career:** KPBSD students will demonstrate career readiness by identifying a career interest and meeting employability/experiential benchmarks.

### 2) Rigor:

All Students will achieve high levels of academic growth:

- Students will learn in a performance-based instructional model.
- Student growth and success will be determined through multiple measures of learning.
- Students will have “accessible anywhere” curriculum without dependencies on particular technologies.

### 3) Relevance:

Experience a personalized learning system:

- Students will learn in a flexible instructional model that is fluid and developmentally appropriate for all.
- Students will experience varied instructional strategies that target individual strengths and interests of each learner.
- Students will develop a personalized learner profile as demonstrated in their portfolio.
- Students will be given opportunities to develop healthy lifestyles and make healthy choices.
- Students will be provided instructional opportunities in partnership with parents and community that extend growth, exploration and learning beyond the classroom.

### 4. Responsive:

Be immersed in a high quality instructional environment:

- Prioritize strong, positive relationships with all students to support their social and emotional needs.
- Teachers will utilize a repertoire of high-yield instructional strategies that are research-based, high quality instructional strategies, within the instructional environment.
- Develop a culture of continuous innovation within all schools across the district.
- Professional learning is embedded and ongoing, resulting in continuous growth and innovation.
- Develop a highly reliable and efficient organization through online/concurrent collaboration tools.

School & Location	Grades	Contact Information
<b>Nikiski Middle/High School</b> PO Box 7112 Nikiski, AK 99635	06-12 Middle & High School	<a href="https://kpbsd.org/schools/nikiski-middle-high/">https://kpbsd.org/schools/nikiski-middle-high/</a> Phone: (907)776-9400 Fax: (907) 776-3486
<b>Nikiski North Star Elementary</b> 45600 Holt Lamplight Rd. Kenai, AK 99611	PK-05 Elementary	<a href="https://kpbsd.org/schools/nikiski-north-star/">https://kpbsd.org/schools/nikiski-north-star/</a> Phone: (907)776-2600 Fax: (907) 776-8423
<b>Ninilchik Elementary/High</b> 15735 Sterling Hwy. Ninilchik, AK 99639	PK-12	<a href="https://ninilchikschool.blogs.kpbsd.k12.ak.us/">https://ninilchikschool.blogs.kpbsd.k12.ak.us/</a> Phone: (907)714-0300 Fax: (907)567-3504
<b>Redoubt Elementary School</b> 486 West Redoubt Soldotna, AK 99669	PK-06 Elementary	<a href="https://kpbsd.org/schools/redoubt/">https://kpbsd.org/schools/redoubt/</a> Phone: (907)260-4300 Fax: (907) 262-5815
<b>River City Academy</b> 46188 Sterling Hwy Soldotna, AK 99669	07-12 Middle & High School	<a href="https://kpbsd.org/schools/river-city-academy/">https://kpbsd.org/schools/river-city-academy/</a> Phone: (907)714-6400 Fax: (907) 714-6401
<b>Skyview Middle School</b> 46188 Sterling Highway Soldotna, AK 99669	07-08 Middle School	<a href="https://kpbsd.org/schools/skyview-middle/">https://kpbsd.org/schools/skyview-middle/</a> Phone: (907)260-2500 Fax: (907) 262-7036
<b>Soldotna Elementary School</b> 162 E. Park Ave. Soldotna, AK 99669	PK-06 Elementary	<a href="https://kpbsd.org/schools/soldotna-elementary/">https://kpbsd.org/schools/soldotna-elementary/</a> Phone: (907)260-5100 Fax: (907) 262-4962
<b>Soldotna High School</b> 425 West Marydale Soldotna, AK 99669	09-12 High School	<a href="https://kpbsd.org/schools/soldotna-high/">https://kpbsd.org/schools/soldotna-high/</a> Phone: (907)260-7000 Fax: (907) 262-4288
<b>Soldotna Montessori Charter</b> 158 E. Park Ave. Soldotna, AK 99669	K-06 Elementary Charter	<a href="https://kpbsd.org/schools/soldotna-montessori/">https://kpbsd.org/schools/soldotna-montessori/</a> Phone: (907)260-9221 Fax: (907) 260-9032
<b>Sterling Elementary School</b> Drawer 89 Sterling, AK 99672	PK-06 Elementary	<a href="https://kpbsd.org/schools/sterling-elementary/">https://kpbsd.org/schools/sterling-elementary/</a> Phone: (907)262-4944 Fax: (907) 262-5128
<b>Tustumena Elementary School</b> PO Box 749 Kasilof, AK 99610	PK-06 Elementary	<a href="https://kpbsd.org/schools/tustumena/">https://kpbsd.org/schools/tustumena/</a> Phone: (907)260-1345 Fax: (907) 262-8477

For a full list of ALL schools in the Kenai Peninsula School Borough scan this QR code.



## HOME SCHOOLING

<b>IDEA Homeschool</b> The largest and longest running Alaska homeschooling program.	PK-12	<a href="https://www.ideafamilies.org/">https://www.ideafamilies.org/</a> Phone: 1-877-582-4332
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# Restaurants & Groceries



Restaurant List & Links

### Pizza Boys Pizza

44686 Sterling Hwy, Soldotna, AK  
(907) 260-4800

### Papi's Mexican Restaurant

44109 Sterling Hwy, Soldotna, AK

### Buckets Sports Grill Restaurant

43960 Sterling Hwy, Soldotna, AK  
(907) 262-7220

### Acapulco Mexican Restaurant

43543 Sterling Hwy, Soldotna, AK  
(907) 260-5666

### China Sea Restaurant

44539 Sterling Hwy, Soldotna, AK  
(907) 262-5033

### Duck Inn

Bar & Pub, Hotel  
43187 Kalifornsky Beach Rd, Soldotna, AK  
(907) 262-2656

### The Flats Bistro

Restaurant  
Kalifornsky Beach Rd, Soldotna, AK  
(907) 335-1010

### Mykel's & Soldotna Inn

American Restaurant  
35041 Kenai Spur Hwy, Soldotna, AK  
(907) 262-4305

### The Catch Bar & Restaurant

Breakfast Restaurant  
44715 Sterling Hwy, Soldotna, AK  
(907) 420-0508

### Fine Thyme Cafe

Breakfast Restaurant, Cafe  
44619 Sterling Hwy, Soldotna, AK  
(907) 262-6620

### Pad Thai Cafe

Thai Restaurant  
44539 Sterling Hwy, Soldotna, AK  
(907) 690-6003

### Paradisos Restaurant

Pizza  
811 Frontage Rd, Kenai, AK  
(907) 283-2222

### Charlotte's Restaurant

American Restaurant  
115 S Willow St, Kenai, AK  
(907) 283-2777

### Siam Noodles and Food

Thai Restaurant  
44278 Sterling Hwy, Soldotna, AK  
(907) 953-3325

### Louie's Steak & Seafood

Seafood Restaurant  
47 Spur View Dr, Kenai, AK  
(907) 283-3660

### Brew@602/Addie Camp Restaurant

Coffee House, Restaurant, Tesla chargers  
Whistle Hill, Soldotna, AK  
(907)262-0602 / (907)262-2334

### Veronica's Coffee House

602 Petersen Way, Kenai, AK  
(907) 283-2725

### Treehouse Restaurant

Pizza  
51708 Kenai Spur Hwy, Kenai, AK  
(907) 776-8500

### The Burger Bus

912 Highland Ave, Kenai, AK  
(907) 283-9611

### St Elias Brewing Company

Bar, Pub, & Club  
434 Sharkathi Ave, Soldotna, AK  
(907) 260-7837

### Arasuka

Sushi Restaurant  
610 Attla Way, Kenai, AK  
(907) 513-8862

### Everything Bagels

Bagel Shop, Coffee House  
44619 Sterling Hwy #6 Soldotna, AK  
(907) 252-8135

### Jersey Subs

Delicatessen, Restaurant  
111 S Sterling St, Soldotna, AK  
(907) 260-3393

### Mels Bakery & Café

43335 Kalifornsky Beach Rd, Ste 22,  
Soldotna, AK  
(907) 953-2351

### Sol Agave Restaurant

Mexican Restaurant  
41750 Sterling Hwy., Soldotna, AK 99669

### Senor Panchos

Mexican Restaurant  
44096 Sterling Hwy, Soldotna, AK 99669

### Arby's

10733 Kenai Spur Hwy, Kenai, AK  
(907) 283-3911

### Dairy Queen

44669 Sterling Hwy, Ste A, Soldotna, AK  
(907) 262-9701

### Three Bears

Supermarket  
10575 Kenai Spur Hwy., Kenai, AK  
(907) 283-6577

### Walmart

10096 Kenai Spur Hwy., Kenai, AK  
(907) 395-0971

### Domino's Pizza

43981 Sterling Hwy, Soldotna, AK  
(907) 600-4001

### McDonald's

10447 Kenai Spur Hwy, Kenai, AK  
(907) 283-4008  
Curbside Pickup

### Papa Murphy's | Take 'N' Bake Pizza

Pizza  
131 Warehouse Dr, Soldotna, AK  
(907) 260-9411

### Papa John's Pizza

43843 Sterling Hwy, Soldotna, AK  
(907) 262-7272  
No-Contact Delivery

### Pita Pit

133 Smith Way, Unit A, Soldotna, AK  
(907) 260-7482

### Pizza Hut

44332 Sterling Hwy, Soldotna, AK  
(907) 420-0645

### Subway

10096 Kenai Spur Hwy, Kenai, AK  
(907) 335-0160

### Taco Bell

43845 Sterling Hwy, Soldotna, AK  
(907) 260-3555

## Specialty Grocery

### Lucy's Market

338 Homestead Ln, Soldotna, AK  
(907) 262-3232

### The Goods

Environmentally focused artist co-op  
45015 K-Beach Road, Suite 1 –  
Soldotna, AK (907) 252-5977

### Maggie's General Store

Dry Goods & Organic Food Market  
12498 Kenai Spur Hwy – Unit 2A  
Kenai, AK (907) 283-1423

### Fresh 365

43550 Kleeb Loop, (43550 Whistle Hill  
Loop) Soldotna, Alaska 99669  
(907) 953-1120

## Grocery Stores

### Save-U-More

43531 Kalifornsky Beach Rd, Soldotna, AK  
(907) 262-4245

### Fred Meyer

Supermarket  
43843 Sterling Hwy, Soldotna, AK  
(907) 260-2200

### Country Foods IGA

Supermarket  
140 S. Willow St., Kenai, AK  
(907) 283-4834

### Safeway - Soldotna

Supermarket and Pharmacy  
44428 Sterling Hwy, Soldotna, AK  
(907) 714-5460

### Safeway - Kenai

Supermarket and Pharmacy  
10576 Kenai Spur Hwy., Kenai, AK  
(907) 283-6300

# Exercise Opportunities

Outdoor Opportunities to Walk, Run, Bike and Hike in the summer and in the winter some trails offer opportunities to XC ski and snowshoe.

## The Soldotna Field House

is a year-round indoor space where community, recreation, and activity come together. Designed for all seasons, it offers a welcoming place for residents and visitors to stay active—no matter the weather.

The facility features a large indoor turf field used for everything from soccer and football to baseball training, fitness classes, and open play. Its flexible setup allows for practices, tournaments, camps, and community events, making it a go-to spot for both organized sports and everyday recreation.

An elevated indoor walking track provides a comfortable, accessible option for year-round movement—especially appreciated during Alaska's winter months.

As part of its commitment to community wellness, Central Peninsula Hospital proudly sponsors free walking track access for seniors age 65 and older.



The Soldotna Field House is located at 526 Arena Ave. and can be reached at 907-262-3151.

## Outside Running, Trails & Hikes

- **High School Tracks** Kenai • Skyview • Soldotna
- **Nikiski High School and Recreation Center:** Track available for walking in summer and ski trails are groomed for classic and skate skiing in the winter.
- **Centennial Campground Loop Trail:** A 1-mile easy trail for most people.
- **Tsalteshi Trails:** Trails are open to all kinds of foot-powered recreation - walking, running, hiking, biking, photo-shoots, wildlife watching and berry-picking. In the winter, the trails are groomed for classic and skate skiing. There are over 25 kilometers (15 miles) of trails groomed for cross-country skiing in the winter, interwoven with 10 kilometers of single-track winter bike trails. Visit [www.tsalteshi.org](http://www.tsalteshi.org)
- **Kenai National Wildlife Refuge/Ski Hill Road Trail:** The Ski Hill Road trail is a wide, multi-use trail which is popular with locals and a fun hike for everyone. The ADA-compliant trail winds through boreal forest, and it's the only headquarters trail open to dogs and bicycles. You can even get your pup certified as a B.A.R.K. Ranger, meant to strengthen the relationship with your dog on federal public lands, distance 3 miles. In winter, Refuge Ski trail at Headquarters Lake provides 10 miles of groomed trails for XC skiing and snow shoeing. Nearby Arc Lake provides an opportunity for water sports in the summer and in winter skiing and ice skating. Trails connect the parking area to adjacent trail systems in the Kenai National Wildlife Refuge and Tsalteshi Trail system. Contact the Kenai National Wildlife Refuge Visitor Center for more information 907-260-2820 or visit <http://kenai.fws.gov>
- **Old Town Kenai:** Several historic sites can be visited, maps are available at the Kenai Visitors Center for a self-guided tour. <https://www.kenai.city/community/page/old-town>
- **East End Trail, behind Oiler Park:** .93-miles dirt trails, 18 hole Disc Golf, jogging, birding, walking, biking, snow shoeing.
- **Kenai Golf Course:** Groomed ski trails for classic and skate skiing, skijoring is allowed - dogs must be kept on leash at all times.
- **Unity Trail:** 23-mile loop from Kenai to Soldotna via Kenai Spur Hwy and K-Beach Road- walk, jog, bike, rollerblade, roller ski, skateboard, non-motorized use only.
  - **Rotary Park:** Located near the Soldotna Municipal Airport, there is a small parking area at the head of the three-quarter mile maintained trail that leads to the river. The trail is handicap accessible with assistance. 800-plus feet of elevated board-walks, and fish walks.
  - **Soldotna Creek Park:** Includes 2,300 feet of riverfront boardwalk and 12 sets of river access stairs. There's also over 300 feet of wide trail & ramp that is accessible for users of all abilities leading directly to the mouth of Soldotna Creek. The park hosts many events every year such as the award-winning Frozen River Fest, Kenai River Festival, and the popular summer Wednesday Market where you can enjoy an all day public market and the Levitt AMP
- **Arts & Cultural Activities:** <https://www.soldotna.org/visitors/arts-culture-entertainment>
- **3 Friends Dog Park:** An Off-leash dog park featuring a large fenced area with pet exercise equipment. Located at 320 North Aspen Drive in Soldotna. Continued



Soldotna Creek Park

# Directories

## Exercise Opportunities *continued*

### Golf

- **Kenai Golf Course:** A full service 18 hole course. Visit [www.kenaigolfcourse.com](http://www.kenaigolfcourse.com) for more information.
- **Birch Ridge Golf Course:** A full length 9 hole course. Visit [www.birchridgegolf.com](http://www.birchridgegolf.com) for more information.
- **Bird Homestead Golf Course:** A 9 hole, par 37 golf course on over 60 acres alongside the Kenai River. Visit [www.funnyrivergolf.com](http://www.funnyrivergolf.com) for more information.

### Disc Golf

- **Kenai Eagle:** Lawton, off Tinker Lane behind Oiler Park/East End Park
- **Soldotna:** 18 hole course at Tsalteshi Trails (Skyview Middle School) on the Squirrel Loop
- **Nikiski:** 18 hole course at the Nikiski Community Recreation Center

### Swimming

- **Kenai High School Pool:** Lap and open swim, masters swim (907)283-7476
- **Nikiski Recreation Center Pool:** Lap and open swim, masters swim, water aerobics, hot tub, waterslide (907)776-8472

- **Skyview Middle School Pool:** Lap and open swim, masters swim, water aerobics (907)262-3905
- **Soldotna High School Pool:** Lap and open swim, water aerobics (907)262-7419

### Gym and Fitness Clubs

- **All American Training Center:** [www.allamericantc.com](http://www.allamericantc.com)
- **Anytime Fitness:** [www.anytimefitness.com/gyms/3895/Soldotna-AK-99669](http://www.anytimefitness.com/gyms/3895/Soldotna-AK-99669)
- **The Fitness Place:** [www.thefitnessplace.net](http://www.thefitnessplace.net)
- **Crossfit Kainos:** <https://crossfitkainos.com/>  
35257 Kenai Spur Hwy, Track Your Package: 17A228040299440523 Soldotna, AK 99669
- **Iron Asylum:** 35165 KB Dr Suite A, Soldotna (AK), 99669 (907) 953-4720

### Beach Walking

- **K-Beach Road to Cannery Road,** look for signs -dog friendly
- **Kenai:** Spruce Street has beach access -dog friendly (except metal stairway to beach)
- **Captain Cook State Park:** 25 miles north of Kenai -dog friendly

### Yoga

- **Yoga Sol** (907)260-3801 [www.yogasolalaska.com](http://www.yogasolalaska.com)
- **Tides Yoga Studio** (907)252-9506 [www.tidesyogastudio.com](http://www.tidesyogastudio.com)

### Community Centers

- **Kenai Recreation/Teen Center:** City League basketball, volleyball, wallyball, racquetball, weight room, teen center, tot time, home school gym, senior dancing, Zumba. Visit [www.bgckp.com/kenai-rec-center/](http://www.bgckp.com/kenai-rec-center/)
- **Dena'ina Health Clinic:** Features a gym, classroom space and wellness kitchen. Alaska Native and American Indian people have access to all programs, while programs that receive state funding - primarily behavioral health - are open to the entire community. [www.kenaitze.org](http://www.kenaitze.org)
- **Soldotna Regional Sports Complex:** Ice skating, racquetball, wallyball and indoor walking (free walking for seniors) [www.soldotna.org/departments/parks-and-recreation/regional-sportscomplex](http://www.soldotna.org/departments/parks-and-recreation/regional-sportscomplex)
- **Sterling Community Center:** A full-court gym, a multi-purpose room with a library. [www.sterlingcommunitycenter.com](http://www.sterlingcommunitycenter.com)

## Community Contacts

### Utility Providers

#### Electric Utility Company

Homer Electric Association, Inc (HEA)  
280 Airport Way  
Kenai, AK 99611  
(907) 283-5831  
[www.homerelectric.com](http://www.homerelectric.com)

#### Natural Gas Company

Enstar National Gas Company  
36225 Kenai Spur Hwy  
Soldotna, AK 96669  
(907) 262-9334  
Toll Free: 1-877-907-9767

#### Bulk Fuel Oil Delivery

Alaska Oil Sales  
43442 Kalifornsky Beach Rd  
Soldotna, AK 99669  
(907)262-2250

#### Doyles Fuel Services

14223 Kenai Spur Hwy  
Kenai, AK 99611  
(907)283-4289  
[www.doylesfuelservice.com](http://www.doylesfuelservice.com)

### Landline, Home Internet

#### Alaska Communication

Residential Contact 800-808-8083  
[customercare@acsalaska.com](mailto:customercare@acsalaska.com)

### Cable Television, Internet Access, Wireless And Cellular Service

#### GCI

44661 Sterling Hwy  
Soldotna, AK 99669  
(907)262-3266  
[www.qci.com](http://www.qci.com)

#### AT&T

Offices in Soldotna and Kenai  
**Soldotna** - 35551 Kenai Spur Hwy  
(907) 931-3732  
<https://www.att.com/stores/alaska/soldotna/199127>

#### AT&T

**Kenai** - 10672 Kenai Spur Hwy, Suite 101  
(907)335-1433  
<https://www.att.com/stores/alaska/kenai/122223>

#### Cricket Wireless

44096 Sterling Hwy Ste G  
Soldotna, AK 99669  
(907) 917-2128  
<https://www.cricketwireless.com/stores/11/US/AK/Soldotna/44096>

## Community Contacts *continued*

### Banks & Credit Unions

#### Wells Fargo Bank-

**Soldotna** - 44552 Sterling Hwy  
(907) 262-4435  
<https://www.wellsfargo.com>

#### First National Bank of Alaska

*Branches in Soldotna and Kenai*  
**Soldotna** - 44501 Sterling Hwy  
(907) 260-6000

#### First National Bank of Alaska

**Kenai** - 11408 Kenai Spur Hwy  
(907) 283-6800  
<https://www.fnbalaska.com>

#### Key Bank

*Branches in Soldotna and Kenai*  
**Soldotna** - 44260 Sterling Hwy  
(844) 433-2071

#### Key Bank

**Kenai** - 801 Frontage Rd  
(844) 433-2072  
<http://www.key.com>

#### Global Federal Credit Union

*Branches in Soldotna and Kenai*  
**Soldotna** - 43874 Sterling Hwy  
Ste 100  
**Kenai** - 230 Bidarka Street  
(800) 525-9094  
<https://www.globalcu.org/>

#### Credit Union 1

44758 Sterling Hwy, Ste E  
Soldotna, AK 99669  
(800) 478-2222

### Drivers License/ Motor Vehicles Registration

#### Department of Motor Vehicles

43335 Kalifornsky Beach Rd #9  
Soldotna, AK 99669  
(907) 269-5551  
Online Services:  
<http://doa.alaska.gov/dmv/>

#### AK Express Tags & Titles & Registration

35403 Kenai Spur Hwy  
Soldotna, AK 99669  
(907) 256-9501

### Refuse

#### KPB Soldotna Landfill

46915 Sterling Hwy  
Soldotna, AK 99669  
(907) 262-9423  
<https://www.kpb.us/swd-waste/swd-locations/158-sw-centrallandfill>

#### Alaska Waste-Soldotna

47323 Merrywood Av  
Soldotna, AK 99669  
(907) 283-9390  
<https://alaskawaste.net/service-areas/soldotna>

#### Peninsula Refuse

42115 Kalifornsky Beach Rd  
Soldotna, AK 99669  
907-262-5994  
[admin@peninsularefuse.com](mailto:admin@peninsularefuse.com)

### Post Office

#### Soldotna Post Office

175 N Binkley Street  
(907) 262-4760

#### Kenai Post Office

140 Bidarka Street  
(907) 283-7771

### Religious Services

[www.churchfinder.com](http://www.churchfinder.com)  
This website can help you find Christian churches in Soldotna.

### Colleges

#### Kenai Peninsula College

<https://kpc.alaska.edu/>

#### Alaska Christian College

<https://alaskacc.edu/>

## Frequently Asked Questions

### Are there Job Opportunities for Spouses? (*other than the hospital*)

The Kenai Peninsula is a popular recreation area. Seasonal work in tourism or seafood processing may be available. However, long term positions are also available in government education, healthcare, and the service industries. A great deal of information can be found by visiting the Alaska Department of Labor and Workforce Development, which includes quick links to the Alaska Jobs website and local Job Centers. The website can be found at <https://labor.alaska.gov/esd%20alaska%20jobs/ak%20over.htm>

### What opportunities are there to volunteer in the community?

Volunteering is a great way to meet new people, especially if you are new to a community. There are many volunteering opportunities in our community, here are just a few:

- Central Peninsula Hospital - Staff can volunteer in the organization by joining the CPH Auxiliary
- Kenai Peninsula Food Bank
- Kenai Senior Center
- Find other volunteer opportunities by visiting <https://www.volunteermatch.org>

### What's the average Cost of Living- Food, Fuel, Housing?

(Source: 247wallst.com)

The cost of living in Soldotna is lower than the national average and most cities in the state. While some areas can be higher than others on a state and federal level, the overall average of housing costs, utilities, grocery items, transportation, health care, and miscellaneous goods and services are less expensive.

The average mortgage is \$1280 per month (based on a median home valued at \$211,000). The typical renter in Soldotna spends \$999 a month.

In Soldotna, a single adult spends an average of \$3,405 on food annually, and a family of four spends \$9,600 on average. These estimates are calculated for a nutritionally adequate diet of food purchased at a grocery store for at-home preparation.

**Continued**

## Frequently Asked Questions *continued*

### Continued

Transportation can also be a significant component of cost of living. The average commute in Soldotna is 14.5 minutes long, compared to the 26.6-minute average commute nationwide. Taking into account the cost of gas, as well as public transit and car maintenance, the EPI estimates that a single person in Soldotna spends \$11,437 a year on transportation, more than the national average of \$9,760.

### What is the average amount of State or local taxes?

Alaska is one of only nine states with no income tax. While an individual's tax liability is inexpensive due to no state tax and the low sales tax rate (averaging at 1.76 percent), there are other ways the state collects taxes. It charges a gas tax rate of 14.35 cents per gallon, which is the cheapest in the nation.

Alaska residents also pay a \$2.00 cigarette tax (dollars per 20-pack).

Residents are also eligible to participate in the Alaska Permanent Fund (APF) which was created in 1976.

It is a dividend paid to Alaska residents who have lived within the state for a full calendar year (Jan 1 - Dec 31), and intend to remain an Alaska resident indefinitely. The amount of each payment is based upon a five-year average of the Permanent Fund's performance and varies widely depending on the stock market and many other factors. See [www.https://pfd.alaska.gov](https://pfd.alaska.gov) for more information.

### Are there any moving companies to help in relocating?

#### Royal Alaskan Movers

<https://www.royalalaskanmovers.com>

#### World Wide Movers

<https://world-widemovers.com/moving-to-alaska/>

#### Alaska Car Transport

[www.alaskacartransport.com](http://www.alaskacartransport.com) (907) 331-3100

#### Alaska Marine Lines

[www.lyden.com/aml/](http://www.lyden.com/aml/) (800)326-8346

### Can I get my relocation money prior to moving there?

Currently CPH policy does not allow for providing relocation monies to be paid prior to the arrival of the new employee.

### What is available for my children to do in the community? Summers, after school

- Central Peninsula Sports Center provides an ice rink, racquetball courts and weight room
- Jumpin' Junction on Kalifornsky Beach Road offers an inflatable playground and mini-golf
- Theaters in Kenai and Soldotna
- Boys and Girls Clubs of the Kenai Peninsula offers after school and summer programs for kids Programs in Soldotna, (907) 260-7085 and Kenai (907) 283-2682
- Reading programs offered for different ages at both the Soldotna and Kenai libraries
- The Sterling Community Center has Open Gym times, snacks, a library, public computers, foosball, ping pong, and other games. There are more summer activities and events planned, so check out the calendar at [sterlingcommunityclub.com](http://sterlingcommunityclub.com), or Facebook "Sterling Community Center" for updates. For more information, call the Sterling Community Center at 262-7224, or e-mail [sterlingcommunityclub@live.com](mailto:sterlingcommunityclub@live.com)
- Little League Baseball and Softball
- The Soldotna Field House

### Where is the best place to go fishing?

Soldotna offers anglers access to some great fishing spots - the Kenai River, The Russian River, and the Kasilof River are only a few places and they offer a variety of fishing. Check out [www.alaska.org/guide/kenai-soldotna-fishing-spots](http://www.alaska.org/guide/kenai-soldotna-fishing-spots) for a list of more fishing spots.

All residents age 18 or older and nonresidents age 16 or older must purchase and possess a sport fishing license to participate in Alaska sport and personal use fisheries. In addition, a king salmon stamp is required to fish for king salmon (except king salmon in stocked lakes). These laws apply in both fresh and marine waters. Sport fish licenses and king salmon stamps may be purchased online, at most sporting goods stores, and at Fish and Game offices. See <https://www.adfg.alaska.gov/index.cfm?adfg=sportlicense.main> for more information.

*Looking for more things to do? Check out the information in the **Exercise Opportunities** page 17-18 for more ideas.*

# Quick Reference Maps



We know that there are a lot of map resources out there to find your way around a new community. An overview of the community in which we work in as medical professionals can sometimes be helpful as you get situated. Many locals can refer to a store or location as “go towards the river” or “away from the river” or “towards the mountains” and so on. Don’t hesitate to get them to explain the directions a little more, we’ve all been the new person in town at some point.

