

**Healing Beyond Borders**  
**HTI Healing Touch Certificate Program**  
**Foundations of Healing Touch**

Class Location: Central Peninsula Hospital  
Class Dates; April 24 & 25, 2026

Name: \_\_\_\_\_

Credentials: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Preferred Phone # \_\_\_\_\_

Email: \_\_\_\_\_

- Standard Tuition \$315
- Early Bird Tuition by: April 17, 2026 \$275
- HBB or AHNA member (-\$25 discount)
- Repeat \$150
- Required Text \$55** (used for entire course of study)

***Foundations and Practice of Healing Touch***

- CPH Employee or Volunteer \$150
- Deposit \$(amount)
- Special 1-time new student membership discount for joining HBB. Receive class discount (see above).  
Join online or check made out to HBB for \$62.00

Amount enclosed: \$

**Refund Policy:** If Instructor cancels class, student will be given a full refund of tuition. If student cancels, refund is provided at discretion of the Instructor.

- Yes I can bring a massage table
- No I cannot bring a massage table

**Make Checks Payable to:**

Central Peninsula Health Foundation

**Send to:** Attn: Mary Stockwell-White  
Central Peninsula Hospital

250 Hospital Place  
Soldotna, AK 99669

**Schedule:** 8 am to 6 pm

**Location:** Kenai Conference Room

**Coordinator:** Mary Stockwell-White  
Email: mstockwell-white@cpgh.org

**Instructor Bio and Disclosure:**

**Disclosure:** Bonnie Nichols is an Integrative Therapies Volunteer at Central Peninsula Hospital in Soldotna, AK. She is nationally certified as a Healing Touch Practitioner since 2001 and mentors Healing Touch volunteers for the Integrative Therapies Program at CPH.

Bonnie Nichols is an Instructor of the Healing Beyond Borders HTI Healing Touch Certificate Program and has the right to use the intellectual property of the Healing Beyond Borders HTI Healing Touch Certificate Program Course of Study



**Healing Beyond Borders**  
Educating and Certifying the Healing Touch®

**Presents**

## **HTI Healing Touch Certificate Program**

***Nurturing Energy Therapy***

*for Health Care Professionals  
and Persons Committed to Healing*

## **Foundations of Healing Touch**

**Soldotna, Alaska**

**April 24 & 25, 2026**



***This program has been  
peer-reviewed and is  
endorsed by AHNA***

Healing Beyond Borders  
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Lakewood, CO 80235  
Education@HealingBeyondBorders.org  
www.HealingBeyondBorders.org

Healing Beyond Borders is the professional, non-profit education, credentialing, and membership organization for Healing Touch, Established in 1996.



## Healing Touch Is...

### A relaxing, nurturing energy therapy

- Uses gentle, heart-centered touch to assist in balancing your physical, emotional, mental and spiritual well-being.
- Enhances the body's natural ability to heal through the human energy centers and energy field/biofield.
- Works in harmony with standard medical care and is complementary to other health care systems. Safe for all ages.

### Is Healing Touch for You?

#### Intended Audience Includes:

- Registered Nurses
- Health Care Professionals
- Psychotherapists and Chaplains
- Body-oriented Therapists
- Those who desire to study energy therapy with a commitment to help others

#### Learner Objectives

The learner will be able to:

1. Explore qualities and self-care needs of a Healing Touch Practitioner.
2. Discuss the facets of Healing Touch and correlate techniques that support physical, mental, emotional, and/or spiritual healing.
3. Demonstrate Healing Presence: the ability to remain grounded, present, and heart-centered.
4. Describe personal perceptions of subtle energy/heart-centeredness.
5. Apply the Healing Touch Framework to a variety of energy interventions.
6. Evaluate the seven energy centers (chakras) and related energy layers that surround the body.
7. Describe rationale with use of specific Healing Touch techniques.
8. Discuss the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of a beginning Healing Touch student.

### Course Description

The theoretical concepts which underlie holistic healthcare practices are explored along with how they relate to the core values which guide the practice of Healing Touch. Healing Touch techniques used in the etheric field are acquired along with an understanding of how they interface with the human biofield.

### Course Information

Requirements for class completion and CE credit:

- Attendance of entire course with supervision
- Practice with Instructor feedback
- Completion of Evaluation

### Continuing Education Contact Hours

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation #1907

AHNA: 17.5 contact hours

CA Board of Registered Nursing: 17.5 contact hours

*"The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc.® an affiliate of the Association of Professional Chaplains®."*

### Healing Beyond Borders

#### HTI Healing Touch Certificate Program

- ✓ In-depth solid core course of study for 5 courses from beginner to advanced healer including Evolution of the Healer, Holistic and Energetic Foundations, Evidence Based and Best Practice modules
- ✓ Enhances skills and knowledge through lecture, recommended readings and practice sessions
- ✓ Strong commitment to personal growth and knowledge of holistic health principles
- ✓ HTI Healing Touch Certificate Program Certificate of Completion upon satisfactory completion of the full course of study
- ✓ Leads to eligibility to apply for certification as a Certified Healing Touch Practitioner through Healing Beyond Borders
- ✓ Instructor Training and Advancement available after certification. Prerequisites apply
- ✓ Endorsed by the American Holistic Nurses Assoc.

### Healing Beyond Borders

#### Healing Touch Certification – CHTP

Platinum Worldwide Standard Credential useful in:

- Establishing a Healing Touch practice
- Incorporating Healing Touch as a major focus within an existing professional practice

### Continuing Education Contact Hours

**Non-Endorsement Statement:** Approval for contact hours through AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

Provider approved by the California Board of Registered Nursing, Provider Number CEP15275.